

## **SPRING FEST COOK OFF 2025**

Saturday, March 29, 2025

## Chef's Choice Cook Off Official Rules

The following rules are to be followed by all participants and/or their assistants for the cook off.

- Each contestant must enter their dish into one of the following categories:
  - A. Soup, Salad, Gumbo or Appetizer
  - B. Meat or Seafood Entrée
  - C. Dessert \*
- Contestants must supply their own ingredients or secure a sponsor to pay for the ingredients. The
  contestants will also supply all of their own cooking and serving utensils, tables, etc. The Spring Fest
  committee will provide bowls, knives, forks, spoons and napkins, as well as tents/covered areas for
  cooking/serving. Please bring your own tables and chairs.
- Food must be cooked on site on Saturday, March 29, 2025. All entries must be complete and ready to be served by 5:00 P.M. Cooking spots will be selected on a first-come, first-serve basis.
   \*DESSERT SHOULD BE COOKED OFF SITE AND DELIVERED BETWEEN 11:00 AM - 3:00 PM\*
- Contestants will be permitted to set up their equipment, decorations, any time after 8:00 AM on Saturday, March 29, 2025. No one will be allowed to begin cooking before 8:00 A.M.
- Any ingredient that accompanies a dish (such as rice or pasta) must be provided by the contestant.
   These items may be prepared offsite.
- 6. Each Contestant must cook a recipe that will produce a 20 quart or 5 gallon pot. The food is served in 6 oz. taster cups (which are provided). The food is considered a donation to Riverside Academy. Please, it is not to be given away to family or friends.
- 7. Each contestant will be assigned a contestant's number by the chief scorekeeper and be given containers in which their entry will be collected in time for the official judging. Each contestant should make certain that the number on the bottom of the container is the same as their contestant's number assigned to them by the scorekeeper.
- 8. All dishes must be ready for sampling by judges at 4:30 pm. After samples have been collected, an announcement will be made to start serving the public at approximately 5:00 P.M. Contestants or their designees must serve their dish until 7:00 P.M. or until their pot is empty.
- A poster, of your own providing, identifying each chef, their entry, and their sponsor shall be placed at each cooking booth.
- First place prizes will be awarded in each category. Also, a People's Choice trophy overall will be awarded.

Note: No electricity provided. Plan accordingly to keep your food warm.